



# Technical Report on Emerging Air Quality Issues in Nairobi, Kenya: Environmental, Health, and Equity Impacts

October 2025

Report prepared by:  
Environmental Compliance Institute (ECI)  
Email: [eci@eciafrica.org](mailto:eci@eciafrica.org)

## Executive summary

Nairobi is currently facing an escalating air quality crisis that threatens its status as East Africa's economic hub. Driven by rapid urbanization, an aging vehicle fleet, and chronic solid waste mismanagement, the city's pollution levels significantly exceed global safety standards. This report, supported by the Clean Air Fund and Breathe Cities Initiative, synthesizes data and knowledge from the Nairobi City County Government (NCCG), National Environmental Management Authority (NEMA), and independent stakeholders to outline the governance, health, and equity dimensions of this challenge.

## Key Findings

- **Severity and Trends:** Empirical data from the expanded monitoring network (AirQo and Breathe Cities sensors) reveals that annual mean PM2.5 concentrations in Nairobi are **2–6 times higher** than the World Health Organization (WHO) guidelines. Pollution is highly spatiotemporal, peaking during morning traffic (6–9 AM) and evening hours.
- **The Inequality of Exposure:** Air pollution in Nairobi is a profound social justice issue. The report identifies a distinct "**Air Pollution Equity Gap**" where the highest exposure coincides with the highest vulnerability. Wards such as **Dandora** and **Mathare** consistently record the highest pollution concentrations due to their proximity to industrial zones and the Dandora dumpsite. Residents in these areas suffer a "double burden": they are most exposed to pollutants yet have the least financial capacity to afford mitigation technologies and healthcare.
- **Health and Environmental Impact:** Chronic exposure is estimated to contribute to **400–1,400 premature deaths annually**, with significant burdens on maternal and child health, including reduced birth weights and respiratory stunting. Environmentally, the transport sector (accounting for ~40% of emissions) and the decomposition of waste at landfills are major sources of Short-Lived Climate Pollutants (SLCPs) like black carbon and methane, directly exacerbating local climate change impacts.
- **Policy and Governance Landscape** The governance framework is characterized by a "dual regulatory trajectory." While the **NEMA 2024 Regulations** have modernized national standards to include mobile sources, the **Draft NCCG 2025 Regulations** propose stricter local measures, including a "Pollution Tax" and high penalties (up to KES 10 million). However, constitutional "Conflict of Laws" and jurisdictional overlaps between national and county authorities currently hinder effective enforcement.

## Strategic Recommendations

To transition from policy ambition to effective air quality management, the report prioritizes the following actions:

1. **Harmonize Mandates:** NEMA and NCCG must execute an Inter-Agency MoU to delineate roles, eliminate licensing duplication, and legally empower the County to enforce stricter standards in non-attainment zones.

2. **Operationalize the Data-Health Nexus:** Establish a formal protocol between the NCCG and health institutions to link real-time air quality data with hospital admission rates, creating a legally verifiable evidence base for enforcement.
3. **Bridge the Equity Gap:** Implement an "Equity-First" resource allocation model. This includes targeted subsidies for clean cooking fuels (LPG) in informal settlements and prioritizing enforcement infrastructure in high-burden wards like Dandora.
4. **Remediate Critical Sources:** Immediate funding is required for the environmentally sound closure and remediation of the Dandora landfill, a primary source of both acute health risks and climate pollutants.
5. **Strengthen Institutional Capacity:** Invest in technical training for enforcement officers and the judiciary to ensuring the new, higher statutory penalties are applied consistently and effectively.

## Acknowledgements

The [Technical Report on Emerging Air Quality Issues in Nairobi, Kenya: Environmental, Health, and Equity Impacts](#) is a result of collaborative efforts between the Nairobi City County Government, the National Environmental Management Authority and stakeholders working in the air quality management space within Nairobi City. This exercise was financed by Clean Air Fund through the Breath Cities Initiative. The initiative is a collaboration of Clean Air Fund, C40 Cities and Bloomberg philanthropies with a shared commitment to enhance air quality and fostering healthier, more resilient Cities.

# Table of Contents

---

Executive summary .....	ii
Acknowledgements.....	iv
<b>1.0 Introduction and Background .....</b>	<b>6</b>
1.1 Contextualizing Nairobi’s Air Quality Challenge.....	6
<b>2.0 Policy and Governance Landscape.....</b>	<b>7</b>
2.1 Dual Regulatory Trajectory: NEMA 2024 vs. NCCG Draft 2025 .....	7
2.2 Navigating Concurrent Jurisdiction and Conflict of Laws .....	8
2.3 Institutionalizing the N-Air Working Group.....	10
<b>3.0 Data and Monitoring Infrastructure: Trends, Capacity, and Evidence-Based Policy.....</b>	<b>11</b>
3.1 Particulate Matter (PM2.5) Trends and Magnitude .....	11
3.2 Spatiotemporal Dynamics and Source Fingerprinting.....	11
3.3 Data Collection, Fusion, and Institutional Integration.....	12
<b>4.0 Environmental Impacts .....</b>	<b>14</b>
4.1 Air Pollution and Climate Change Intensification .....	14
4.2 Secondary Pollutants and Ozonation.....	14
4.3 Key Emission Sources and Ecosystem Stress.....	14
<b>5.0 Health Impacts.....</b>	<b>16</b>
5.1 Attributable Mortality and Morbidity.....	16
5.2 Lifespan Effects: Findings from East African Review .....	16
5.3 Key Source Pathways and Vulnerable Groups .....	16
<b>6.0 Equity Impacts .....</b>	<b>18</b>
6.1 The Air Pollution Equity Gap Framework.....	18
6.2 Community Reality and Insights from Engagements.....	18
6.3 Prioritized Interventions for Informal Settlements .....	19
<b>7.0 Conclusion and Strategic Recommendations .....</b>	<b>21</b>
7.1 Recommendations for Governance and Investment.....	21

## **1.0 Introduction and Background**

### **1.1 Contextualizing Nairobi's Air Quality Challenge**

Nairobi, as the preeminent economic and transport hub of East Africa, is grappling with an escalating air quality crisis.<sup>1</sup> This crisis is primarily driven by the pressures of rapid urbanization, chronic mismanagement of solid waste, and heavy reliance on an aging vehicle fleet.<sup>1</sup> The scale of the challenge necessitates coordinated, multi-disciplinary intervention, as demonstrated by the recent knowledge-sharing workshop convened under the support of the Clean Air Fund and the Breathe Cities Initiative.<sup>2</sup>

The city's recognition of this challenge is evident in its strategic response, which includes the development of a comprehensive Air Quality Action Plan, Nairobi City County Air Quality Regulations and significant investment in air quality data collection and management.<sup>1</sup> These foundational efforts position Nairobi as a regional leader in tackling pollution. However, expert consensus confirms that substantial work remains in translating policy ambition into effective regulatory enforcement and large-scale behavioral change, particularly regarding unclean fuel use and waste disposal practices.<sup>1</sup> The focus must now shift toward institutionalizing collaborative governance mechanisms, such as the Nairobi Air Quality Working Group (N-AIR), to ensure sustained progress.<sup>2</sup>

## 2.0 Policy and Governance Landscape

The governance framework for air quality in Nairobi is characterized by a dual regulatory trajectory, involving both national and county-level legislative instruments. This dynamic creates both opportunities for stringent localized control and challenges related to jurisdictional overlap.

### 2.1 Dual Regulatory Trajectory: NEMA 2024 vs. NCCG Draft 2025

#### 2.1.1 National Environmental Management and Coordination (Air Quality) Regulations 2024

The National Environmental Management Authority (NEMA) introduced the Environmental Management and Coordination (Air Quality) Regulations 2024, replacing the 2014 version, marking a significant evolution in Kenya's environmental law.<sup>2</sup> The new regulations significantly broaden the regulatory scope to incorporate critical pollution sources previously neglected, specifically mobile sources (vehicular emissions) and fugitive emissions (such as dust from quarrying and construction).<sup>2</sup> Furthermore, the 2024 regulations mandate a stronger focus on the health and equity implications of air pollution.

A core component of the revised national framework is the alignment of ambient air quality standards with contemporary international benchmarks. The regulations now include specific limits for fine particulate matter (PM2.5) and other toxic pollutants, such as Benzene.<sup>2</sup> Critically, the standard for coarse particulate matter (PM10) has been substantially tightened, demonstrating explicit movement toward achieving World Health Organization (WHO) 2021 guideline levels.<sup>2</sup> Regarding enforcement, maximum fines for non-compliance have been dramatically increased from KES 500,000 to KES 4 million, alongside the introduction of a clear two-stage licensing process (provisional and full licenses).<sup>2</sup>

#### 2.1.2 Draft Nairobi City County Air Quality Regulations 2025

The Nairobi City County Government (NCCG) has simultaneously developed its own Draft Air Quality Regulations 2025, which follow the national policy and aim to address air pollution specifically within the NCCG jurisdiction.<sup>2</sup> This county-level framework targets general sources, mobile sources, and greenhouse gas (GHG) pollutants, emphasizing compliance and data-driven decision-making.<sup>2</sup>

The County draft is designed to regulate local nuisances that the national law often fails to capture comprehensively. Restricted activities include emissions exceeding set tolerance levels, open burning of waste, and unregulated open spraying (e.g., graffiti).<sup>2</sup> A particularly strategic move by the NCCG is the attempt to regulate specific city challenges, such as chronic odor and smell

pollution, which remains ill-defined in the national law.<sup>2</sup> The draft employs high financial deterrence, imposing fines ranging from KES 1 million to KES 10 million for industries and KES 50,000 for vehicles.<sup>2</sup> Most notably, the County proposes a Pollution Tax, which applies an additional charge of 100% of the emission test fee for every 10% exceedance above the established limits.<sup>2</sup> This mechanism provides a clear economic disincentive aimed at discouraging persistent non-compliance.

## 2.2 Navigating Concurrent Jurisdiction and Conflict of Laws

The simultaneous development and implementation of national and county air quality regulations introduce inherent tensions related to governance and compliance.

### 2.2.1 The Constitutional Basis for Shared Power

Air pollution control is constitutionally defined as a concurrent function in Kenya, meaning both the National Government (through NEMA) and the County Government (NCCG) share legislative and implementation authority.<sup>2</sup> This structure is intended to ensure interdependence, allowing the National Government to set overarching norms and standards (Article 69 of the Constitution of Kenya), while the County Government retains the function of localized control.<sup>2</sup>

This shared function, however, creates regulatory friction. The principle of Conflict of Laws (Article 191 of the Constitution of Kenya) stipulates that national legislation generally prevails over county legislation if the national law applies uniformly, provides for norms and standards, or is enacted for the protection of the environment.<sup>2</sup> This constitutional hierarchy becomes a point of contention when the County seeks to enact stricter standards, which many experts argue are necessary to manage the acute and dense pollution challenges specific to Nairobi that cannot be addressed by uniform national standards.<sup>2</sup>

The friction point extends to regulatory duplication, as highlighted by industry representatives. Organizations often face complex regulatory burdens, requiring them to obtain licenses and permits from both national and county regulators, leading to inefficiencies.<sup>2</sup> Efforts are underway to rationalize these processes, but the need for clear delineation of roles remains paramount.<sup>2</sup>

### 2.2.3 The Enforcement Capacity Gap and Strategic Law-making

While both the NEMA 2024 regulations and the NCCG draft regulations 2025 feature substantially higher penalties, up to KES 10 million, the actual effectiveness of these deterrents is mitigated by critical weaknesses in institutional capacity. NEMA identifies persistent challenges, including the

high cost of compliance for Small and Medium Enterprises (SMEs), challenges in vehicle emissions testing, and chronic non-compliance in the informal sector (e.g., open burning).<sup>2</sup> Crucially, NEMA acknowledges gaps in judicial interpretation and weak enforcement capacity among technical officers.<sup>2</sup>

The observation that both national and county laws impose stringent limits and high fines, yet enforcement is weak, suggests that the primary strategic priority is not the magnitude of the financial penalty, but the institutional strengthening of NCCG and NEMA technical and judicial liaison capacities. If technical officers lack the resources for effective monitoring and evidence collection, and the judiciary is not trained on the technical necessity of strict air quality adherence, the penalties are rarely applied consistently, undermining the legislative intent.

The NCCG draft attempts to address this fundamental problem by using its legislative authority to justify the employment of more air quality inspectors.<sup>2</sup> Furthermore, the introduction of the Pollution Tax represents a crucial difference, shifting the economic mechanism beyond simple punitive fines. This mechanism is designed to create a consistent economic disincentive for non-compliance that can simultaneously fund the very inspection capacity the County requires. This legal structure supports the County’s explicitly stated goals of empowering action against nuisances and providing regulatory deterrence locally.<sup>2</sup>

Table 1 provides a comparative summary of the two key regulatory instruments:

Table 1: Comparison of National and Draft Nairobi County Air Quality Regulations (2024-2025)

<b>Feature</b>	<b>NEMA (National) Regulations 2024</b>	<b>NCCG (Draft) Regulations 2025</b>	<b>Strategic Implication</b>
<b>Applicability</b>	Uniformly throughout Kenya <sup>2</sup>	Nairobi City County jurisdiction only <sup>2</sup>	Creates immediate need for clear delineation of enforcement roles (NEMA vs. NCCG).
<b>Ambient Standards</b>	Includes ; tightened standards for Industrial, residential and controlled areas <sup>2</sup>	Must align with or exceed national standards to address dense city pollution <sup>2</sup>	Potential for <i>stricter</i> local standards in

			Nairobi as a non-attainment area.
<b>Key Enforcement Tool</b>	Two-stage Licensing (Provisional/Full) <sup>2</sup>	Control Orders, Improvement Notices, Licensing <sup>2</sup>	Empowering the County to address immediate nuisances (e.g., open burning). <sup>2</sup>
<b>Economic Mechanism</b>	Focus on traditional fines/penalties <sup>2</sup>	Introduction of Pollution Tax (100% test fee for 10% exceedance) <sup>2</sup>	Move toward internalizing costs; potential revenue source for County AQ management.

### 2.3 Institutionalizing the N-Air Working Group

Institutionalizing cooperative mechanisms is crucial for navigating the concurrent governance challenges. The Nairobi Air Quality Working Group (N-AIR) was established under the World Resources Institute’s (WRI) Clean Air Catalyst program to ensure synergy among the many diverse stakeholders working on air pollution management.<sup>2</sup>

N-AIR has proven highly effective, credited with fast-tracking the development and approval of Nairobi’s air quality strategic plan, outpacing comparable cities in the Breathe Cities program.<sup>2</sup> With the conclusion of the Clean Air Catalyst project, N-AIR is now formally transitioning coordination responsibility from WRI to the National Environmental Management Authority (NEMA) and the Nairobi City County Government (NCCG) as co-chairs.<sup>2</sup>

The NCCG will assume the critical role of providing the secretariat for the group, ensuring structured communication and day-to-day activities in consultation with NEMA.<sup>2</sup> There is an ongoing effort to formalize or institutionalize the N-AIR group within the NCCG structure, likely within the Climate Change and Air Quality Monitoring Unit, to ensure long-term success and sustainability.<sup>2</sup> This transition involves editorial work on the Terms of Reference (ToRs) to make them "project neutral," ensuring the group's continued relevance independent of specific donor programs.<sup>2</sup>

### 3.0 Data and Monitoring Infrastructure: Trends, Capacity, and Evidence-Based Policy

The foundation of effective air quality management in Nairobi is rapidly expanding from sparse, traditional monitoring to a comprehensive network utilizing low-cost sensors and data fusion techniques.

#### 3.1 Particulate Matter (PM2.5) Trends and Magnitude

Analysis of the AirQo network data, covering periods between 2019 and 2025, provides empirical confirmation of Nairobi's severe pollution burden.<sup>2</sup>

##### Chronic Exposure and Annual Averages

The long-term exposure risk is substantial: the annual mean concentration is consistently 2-6× higher than the WHO guideline of 5µg/m<sup>3</sup>.<sup>2</sup> This level of chronic exposure is estimated to contribute to a significant portion of premature fatalities per year in Nairobi.<sup>4</sup>

##### Acute Exposure and Geographic Hotspots

Severe pollution episodes are frequent, with daily averages peaking as high as on acute days.<sup>2</sup> Crucially, the data reveals significant geographic disparities. Wards such as Dandora and Mathare consistently report the highest average concentrations, recorded above in 2024.<sup>2</sup> These hotspots, often coinciding with informal settlements located near industrial zones and major waste disposal sites, demonstrate extreme localized exposure that city-wide averages tend to obscure.

#### 3.2 Spatiotemporal Dynamics and Source Fingerprinting

The temporal patterns of air pollution provide key insights into the dominant sources that require regulatory intervention.

##### Diurnal and Weekly Patterns

Nairobi exhibits clear diurnal patterns characteristic of motorized traffic and residential activity. Pollution levels peak sharply during the morning commute (6 AM to 9 AM) and subsequently in the evening (around 8 PM).<sup>2</sup> The weekly data analysis reveals that Sundays are the least polluted days, with concentrations frequently dropping below .<sup>2</sup> This finding is significant as it strongly indicates that the pollution is overwhelmingly driven by controllable anthropogenic sources, primarily weekday vehicular traffic and industrial operations.<sup>4</sup>

## Seasonal Variation

Air pollution concentrations are observed to be highest during the cold and dry months of June and July.<sup>2</sup> This seasonality is often linked to meteorological conditions that promote the stagnation and accumulation of pollutants, coupled with increased burning activities prevalent during dry seasons.

## 3.3 Data Collection, Fusion, and Institutional Integration

### Expansion of Monitoring Infrastructure

In a bold move toward evidence-based governance, Nairobi has launched its first city-owned air quality monitoring network under the Breathe Cities Initiative.<sup>5</sup> This network deployed 50 low cost sensors in addition to the existing 37 low-cost air sensors previously installed by AirQo strategically across the capital city, providing real-time, hyper-local data.<sup>5</sup> This monitoring system is transformative, moving the city toward "data-driven justice" by offering hyper-local insights necessary to inform health decisions and shape targeted urban planning.<sup>5</sup>

### Data Fusion and Science-Policy Bridge

The expansion of ground-based sensor networks (SEI maintains approximately 40 sensors) is essential but must be complemented by a data-fusion system.<sup>2</sup> This system must integrate local sensor readings with broader satellite data and institutional modeling, particularly because global models often lack validation and accuracy in data-scarce African regions.<sup>2</sup> This integrated approach is critical for generating reliable, ground-validated knowledge products to inform policy development.<sup>2</sup>

The collected data is now being deliberately leveraged to bridge the gap between science and policy. For example, SEI is actively collaborating with the Kenya Meteorological Department (KMD) to integrate air quality data into the national climate service framework.<sup>2</sup> This convergence recognizes that air pollution, which includes significant Short-Lived Climate Pollutants (SLCPs), must be formally recognized as an urban climate and disaster risk, integrated into the Climate Action Plan (2020-2050) and urban resilience strategies.<sup>9</sup> NEMA has confirmed that it recognizes and attempts to access the data generated by the low-cost sensor networks, acknowledging its value for potential compliance purposes.<sup>2</sup>

The imperative for data collection to focus on hyper-local specificity is vital. Relying solely on city-wide averages obscures the severe localized health risks, particularly in wards where pollution concentrations can be 50% higher than the average.<sup>2</sup> The use of granular, real-time data allows

regulators to connect specific polluters (e.g., traffic routes, industrial zones) to specific, affected communities, making targeted enforcement and equitable resource allocation legally justifiable.

Table 2: Key Air Quality Metrics and Spatiotemporal Trends in Nairobi (2022-2025)

<b>Metric</b>	<b>Value/Pattern</b>	<b>Source/Impact</b>	<b>Strategic Significance</b>
<b>Annual Mean</b>	20.04 $\mu\text{g}/\text{m}^3$	4x WHO Annual Guideline.	Represents chronic exposure and high attributable mortality burden (5-8% of adult deaths). <sup>4</sup>
<b>Highest Concentration Wards</b>	Dandora and Mathare <sup>2</sup>	Informal settlements near waste and industrial zones.	Demands priority for equity-focused intervention and enforcement.
<b>Daily Peak Hours</b>	6 AM – 9 AM (Morning); 8 PM (Evening) <sup>2</sup>	Traffic emissions and residential/informal sector energy use/burning.	Indicates primary need for transport emission controls and clean energy transition.
<b>Lowest Pollution Day</b>	Sunday <sup>2</sup>	Reduction in anthropogenic activity (traffic/industry).	Confirms that pollution is largely controllable via regulatory means.

## 4.0 Environmental Impacts

Air pollution in Nairobi extends beyond human health, contributing to significant localized and regional environmental degradation, especially through its linkages with climate change and the formation of secondary pollutants.

### 4.1 Air Pollution and Climate Change Intensification

Nairobi's emissions profile exacerbates climate change, primarily through the output of Short-Lived Climate Pollutants (SLCPs). Black carbon, heavily emitted by diesel vehicles and the open burning of waste, and methane, generated profusely by the decomposing matter in the Dandora landfill, have high global warming potential.<sup>1</sup> These components contribute significantly to climate impact intensification.<sup>2</sup>

Addressing air quality through the lens of SLCP mitigation offers highly effective "quick wins" for climate action. This strategic connection requires deliberate policy integration, technological innovation, and enshrining air quality aspects explicitly within city planning processes to enhance overall climate resilience.<sup>2</sup>

### 4.2 Secondary Pollutants and Ozonation

As controls are implemented for primary pollutants, the potential for hazardous secondary pollutants to emerge must be monitored closely. Surface ozone is a hazardous air pollutant that is not directly emitted but forms when precursor pollutants, chiefly Nitrogen Oxides (NOx) and Volatile Organic Compounds (VOCs), react photochemically in the presence of sunlight.<sup>11</sup>

Monitoring activities by the Kenya Meteorological Department indicate that surface ozone concentrations can reach high levels, particularly in urban areas on hot, sunny days.<sup>11</sup> Given that emissions are often dominated by the transport sector (accounting for of emissions)<sup>7</sup>, focusing controls narrowly on particulate matter (diesel soot) without adequately addressing emissions creates the risk of exchanging one dominant health problem for another (photochemical smog). Therefore, new vehicular standards must holistically target both particulate matter and gaseous precursors to prevent the emergence of a severe ozone problem, especially as global warming increases ambient temperatures and sunlight exposure.

### 4.3 Key Emission Sources and Ecosystem Stress

Two specific emission sources represent massive environmental and health liabilities in Nairobi: the transport sector and the systemic failure of solid waste management.

The transport sector accounts for an estimated 40% of the city's emissions.<sup>1</sup> This high contribution validates the NEMA 2024 regulations' focus on integrating vehicular emissions standards into the national regulatory framework.<sup>2</sup>

The Dandora landfill, deemed full since 2001, remains an environmental crisis point, receiving approximately 2,000 tonnes of waste daily.<sup>1</sup> The decomposition generates methane, and the spontaneous combustion fires produce immense particulate matter and toxic air emissions.<sup>1</sup> The crisis at Dandora is not merely a waste management failure but a central determinant of air quality, especially in the high-burden Dandora ward.<sup>2</sup> Addressing the Dandora dilemma offers the single most efficient path to achieving rapid, integrated environmental and health wins in Nairobi. Eliminating open burning and managing methane leakage significantly reduces SLCPs while immediately lowering the acute burden in the most exposed communities. Failure to remediate or close this site will continue to render localized regulatory controls ineffective.

Furthermore, the management of medical waste is critically deficient. Nairobi's public health facilities generate approximately 150 tonnes of medical waste monthly, yet the city possesses only one licensed incinerator with a capacity of 6 tonnes per month.<sup>1</sup> The resulting gap forces most medical waste to be illegally disposed of through unlicensed, open-air burning, often conducted at night to avoid detection. This constitutes a severe, unmanaged environmental and public health hazard.<sup>1</sup>

## 5.0 Health Impacts

Air pollution in Nairobi imposes a quantifiable, significant, and pervasive burden on public health, affecting populations across their entire lifespan.

### 5.1 Attributable Mortality and Morbidity

The severity of chronic exposure results in a high burden of disease and mortality.<sup>4</sup> Conservative estimates suggest that exposure leads to 400 to 1,400 premature deaths annually, accounting for a notable proportion of the city's total adult mortality.<sup>4</sup>

Morbidity data indicates that air pollution significantly exacerbates lower respiratory infections, which are already the fourth most important cause of death and disability combined in Kenya.<sup>1</sup> High exposure is linked to a multitude of adverse outcomes, including increased respiratory and cardiovascular-related hospital admissions and a higher prevalence of chronic conditions such as asthma and Chronic Obstructive Pulmonary Disease (COPD).<sup>2</sup>

### 5.2 Lifespan Effects: Findings from East African Review

Fine particulate matter (PM<sub>2.5</sub>) is the most frequently studied pollutant in East Africa due to its ability to penetrate deep into the bloodstream and affect nearly every organ system.<sup>2</sup>

The adverse outcomes span the entire human lifespan:

- **Maternal and Neonatal Health:** Exposure is scientifically linked to adverse birth outcomes, including reduced birth weight, reduced gestational age, and increased risk of pregnancy loss, such as miscarriage and stillbirth.<sup>2</sup>
- **Children's Health:** Exposure during childhood is associated with irreversible harm, including reduced lung function, increased risk of stunting, lower cognitive development, and higher rates of respiratory disease.<sup>2</sup> This developmental harm creates an intergenerational penalty, leading to reduced human capital and contributing to long-term economic drag on the city.
- **Adult Health and Emerging Risks:** Adult populations face elevated cardiovascular risks, including high systolic blood pressure and pulse pressure.<sup>2</sup>

### 5.3 Key Source Pathways and Vulnerable Groups

While ambient pollution from traffic and industry is significant, the primary source of exposure for many residents is Indoor Air Pollution. Cooking and heating with biomass fuels is identified as the predominant source of IAP in East Africa.<sup>2</sup> Given that of Nairobi's population resides in informal

settlements, IAP exposure remains a leading cause of premature death and disease within these communities.<sup>13</sup>

The most vulnerable populations identified are children, pregnant women, the elderly, individuals with pre-existing conditions, and, critically, informal sector workers and low-income households.<sup>2</sup>

To inform public health policy, there is a critical need to systematically integrate air quality data with health outcome data. Researchers are urged to collaborate with health practitioners to link real-time pollution spikes with local health data.<sup>2</sup> Establishing statistically significant, localized correlations provides irrefutable, legally verifiable evidence for the direct, local impact of poor air quality, which can be used to substantiate Control Orders, justify penalties, and overcome judicial skepticism noted during regulatory enforcement processes.<sup>2</sup>

## 6.0 Equity Impacts

Air pollution in Nairobi is fundamentally an issue of social justice, as its health and economic burdens are disproportionately concentrated among the most vulnerable communities.

### 6.1 The Air Pollution Equity Gap Framework

Air quality equity demands fairness not only in exposure reduction but also in protection, participation, and the distribution of benefits from policy interventions.<sup>2</sup> The analysis reveals that the most severe and unjust impacts occur at the intersection of three factors that define the "equity gap"<sup>2</sup>:

1. High Exposure: Communities are in unavoidable proximity to heavy pollution sources, such as dumpsites e.g. Dandora, traffic corridors, and industrial zones.<sup>2</sup>
2. High Vulnerability: Residents often include children, the elderly, and those with pre-existing health conditions, making them highly susceptible to harm.<sup>2</sup>
3. Low Capacity to Cope/Mitigate: This group has limited financial ability to afford protective measures (e.g., clean cookstoves, air filtration) or secure timely medical treatment (lack of health insurance).<sup>2</sup>

### 6.2 Community Reality and Insights from Engagements

Community engagements conducted across Nairobi confirm that air quality is experienced as a profound social injustice.<sup>2</sup>

#### Unequal Burden and Service Failure

Residents report feeling helpless, constantly breathing smoke and dirty air while at work or school, often due to the proximity of dumpsites or industries that pollute with perceived "no regard for the community".<sup>2</sup> They note that conditions worsen dramatically during the dry seasons when dust and smoke linger.<sup>2</sup>

The inability to cope is deeply tied to service delivery failure. Communities report being forced to burn their own waste because municipal services fail to respond, transforming victims into involuntary polluters.<sup>2</sup> Furthermore, residents report spending limited monthly funds on medicine for chronic chest infections, often without the buffer of health insurance.<sup>2</sup> This policy failure in the "last mile" of waste management severely compromises the County's authority and mandate for "clean air for all."

## Community Action and Priorities

Despite these constraints, local efforts are robust. Youth groups engage in cleanup and planting green buffers, while women's groups pool funds to purchase improved cookstoves to reduce indoor smoke exposure.<sup>2</sup> Communities view clean air not just as a technical environmental issue, but as a foundational metric linked to their health, safety, dignity, economy, and their children's future.<sup>2</sup>

Reframing air quality as a social justice issue, where exposure dictates lifespan and economic viability, requires a fundamental shift in governmental political will. The imperative is to ensure resources follow pollution, legally justifying the prioritization of the most polluted wards over traditionally cleaner, high-income areas.

### 6.3 Prioritized Interventions for Informal Settlements

Simulation modeling focusing on household air pollution in Nairobi's slums indicates that, under business-as-usual scenarios, the slow trend of air quality improvement will soon halt.<sup>13</sup> To achieve sustained reduction, a drastic acceleration in the uptake of clean stoves is required.<sup>13</sup>

Policy interventions must utilize economic levers:

- **Subsidies and Affordability:** Policy options modeled include subsidizing appliance prices (e.g., subsidy) and regulating the relative cost of clean fuels (LPG) against dirty fuels (kerosene) to drive adoption.<sup>13</sup>
- **Household Air Pollution Monitoring and Awareness:** Redirecting investment toward localized HAP monitoring and Health Impact Assessments (HIA) in slums is necessary.<sup>13</sup> This investment raises public and government awareness, creating a self-reinforcing cycle of 'raised awareness and more resources' to tackle this neglected pathway of exposure.<sup>13</sup>

Policy decisions must adopt an explicit Equity-First Resource Allocation Model, utilizing hyper-local data to prioritize interventions (subsidies, enforcement, infrastructure) in the top tier of most-polluted wards.<sup>2</sup>

Table 3: Framework for Analyzing Air Pollution Equity Gaps in Nairobi

<b>Equity Component</b>	<b>Manifestation in Nairobi</b>	<b>Evidence</b>	<b>Policy Recommendation</b>
<b>High Exposure</b>	Proximity to overwhelming point	Dandora and Mathare Wards average . <sup>2</sup>	Localized emission control orders; formalizing waste

	sources (dumpsites, industrial areas, high traffic corridors).		management to eliminate open burning. <sup>1</sup>
<b>High Vulnerability</b>	Increased susceptibility to chronic disease/developmental harm.	Children at risk of stunting and cognitive decline; high hospital admissions linked to . <sup>2</sup>	Targeted health surveillance; air alerts; protective measures for sensitive sites (schools/clinics).
<b>Low Capacity to Cope</b>	Inability to afford mitigation (clean stoves) or treatment (healthcare).	Lack of health insurance; reliance on dirty fuels; non-responsive municipal services. <sup>2</sup>	Accelerated subsidized clean stove uptake programs (50% subsidy) <sup>13</sup> ; strengthening judicial interpretation and enforcement capacity. <sup>2</sup>

## 7.0 Conclusion and Strategic Recommendations

The air quality challenge in Nairobi is shifting from defining the problem to managing complex implementation and enforcement across multiple governance levels. The current data confirms high, chronic exposure, disproportionately impacting vulnerable populations in specific wards. Future success hinges on achieving regulatory certainty, establishing a functional data-health integration system, and ensuring that resource allocation is driven by equity imperatives.

### 7.1 Recommendations for Governance and Investment

1. **Mandate Harmonization and Stricter County Standards:** The Nairobi City County Government (NCCG) and the National Environmental Management Authority (NEMA) must formally execute an Inter-Agency Memorandum of Understanding (MoU). This agreement must explicitly delineate enforcement roles, eliminate licensing duplication, and legally empower the County to implement the proposed Pollution Tax and enforce standards that exceed national thresholds in scientifically justified non-attainment zones.
2. **Invest in Enforcement Capacity and Judicial Training:** Donor organizations must prioritize technical assistance and sustained financial support aimed at building the enforcement capacity of NEMA and NCCG technical officers, focusing on evidence collection, data utilization, and regulatory litigation support. Parallel mandatory training for the local judiciary is required to ensure consistent and appropriate interpretation and application of the new high penalties.<sup>2</sup>
3. **Accelerate Clean Cooking Transition:** An aggressive, subsidized program for clean cookstove and LPG uptake must be immediately accelerated in informal settlements. Based on simulation results, subsidies (e.g., appliance subsidy) should be utilized as a key economic lever to ensure rapid adoption, recognizing Household Air Pollution (HAP) as the dominant exposure pathway in these high-vulnerability areas.<sup>13</sup>
4. **Operationalize the Data-Health Nexus:** Dedicated funding should be provided to research institutions, such as the GeoHealth Hub, and the NCCG to establish a systematic protocol for integrating real-time air quality data with local hospital admissions. This collaboration must result in a functional Health Impact Warning System capable of delivering both localized public health advisories and providing legally verifiable evidence for regulatory enforcement actions.<sup>2</sup>
5. **Prioritize Dandora and Medical Waste Remediation:** Securing specialized funding for the immediate, environmentally sound closure and remediation of the Dandora landfill is

mandatory, as its emissions represent both a primary local health crisis and a major contributor of Short-Lived Climate Pollutants.<sup>1</sup> Simultaneously, the licensed medical waste incineration capacity must be dramatically expanded to eliminate the widespread, unauthorized burning of infectious materials.

## Works cited

1. Clean Air Fund. (n.d.). *Nairobi and Air Pollution*. Retrieved October 4, 2025, from <https://www.cleanairfund.org/clean-air-africas-cities/nairobi-and-air-pollution>
2. ECI Africa. (2025, October) Workshop Report : knowledge sharing workshop on emerging air quality issues and their environmental, health and equity impacts
3. AfricaCCC Communicators. (2025, September 27). *Nairobi Takes the Helm in Air Quality Governance: WRI Hands over N\_AIR coordination to NCCG*. <https://africacccommunicators.wordpress.com/2025/09/27/nairobi-takes-the-helm-in-air-quality-governance-wri-hands-over-n-air-coordination-to-nairobi-city-county-government/>
4. Otieno Oguge et al. (2024). *Fine particulate matter air pollution and health implications for Nairobi, Kenya*. *Environmental Epidemiology*, <https://doi.org/10.1097/ee9.0000000000000307>
5. Kusudi Cause Communications. (2025, June 11). *Air Quality in Nairobi Gets Boost as City Launches Sensor Network*. <https://kusudicausecomms.org/nairobi-makes-history-with-groundbreaking-air-quality-network-to-combat-pollution/>
6. Clean Air Fund. (2025, June). *Roundup: Air Quality News June 2025*. <https://www.cleanairfund.org/news-item/news-roundup-june-2025/>
7. Stockholm Environment Institute. (2025, August 4). *Tracking Pollution for Urban Health: How Integrating Air Quality and Early Warning Systems Can Benefit Cities in Africa*. <https://www.sei.org/features/tracking-pollution-for-urban-health-how-integrating-air-quality-and-early-warning-systems-can-benefit-cities-in-africa/>
8. Otieno Oguge et al, (2025). *East African City Centers Show Lower PM2.5 Levels than Their Suburbs*. *Environmental Science & Technology Letters* <https://doi.org/10.1021/acs.estlett.5c00451>
9. Stockholm Environmental Institute. (2025, July 25). *Integrating Air Pollution to Early Warning Systems in Africa*. <https://www.sei.org/about-sei/press-room/integrating-air-pollution-to-early-warning-systems-in-africa/>
10. Cepei. (n.d.). *Public-Private Partnership on Air Quality Monitoring: A Case Study of Nairobi City County*. Retrieved October 4, 2025, from <https://cepei.org/wp-content/uploads/2024/11/Nairobi-County-Case-Study-Draft-2-1-3.pdf>
11. SHILENJE, ZABLON W, & ONGOMA, V. (2025). *Observed surface ozone trend in the year 2012 over Nairobi, Kenya*. [https://www.scielo.org.mx/scielo.php?script=sci\\_arttext&pid=S0187-62362014000400004](https://www.scielo.org.mx/scielo.php?script=sci_arttext&pid=S0187-62362014000400004)

12. SHILENJE, ZABLON W, & ONGOMA, V. (2025). Observed surface ozone trend in the year 2012 over Nairobi, Kenya.  
[https://www.scielo.org.mx/scielo.php?script=sci\\_arttext&pid=S0187-62362014000400004](https://www.scielo.org.mx/scielo.php?script=sci_arttext&pid=S0187-62362014000400004)
13. *Science of the total Environment*. (2019). *Household Air Pollution in Nairobi's Slums: A Long-Term Policy evaluation using participatory system dynamics*.  
<https://doi.org/10.1016/j.scitotenv.2018.12.430>